



Healthy Singles Workshop

Healthy Singles Workshop explores strategies to prepare for, improve, or repair your relationships! Want to combine teachings from Dr. Gary Chapman, Dr. John Van Epps, Dr. Neil Clark Warren, Dr. Scott Stanley and others, with the latest national findings on relationships, personalities, generational differences, hormonal research, and more? This is the workshop for you – and you will WORK, not just sit and absorb.

If you are at least 18 (no upper age limit!) single, engaged, in or out of a relationship and desiring to learn how to create and maintain healthy, satisfying relationships, plan to attend. Married couples are welcome to attend as well.

During the workshop you will learn the secrets and essentials of creating healthy relationships through fun and engaging activities. This workshop will cover topics such as:

- Effective Communication Skills
- How to Decide – Not Slide – In Your Relationships
- The Importance of Fun in Your Relationships
- Overcoming Barriers to Your Relationships

March 7th 2015
9:00 am - 4:30 pm

Cherry Hills Community Church Atrium
\$25 per person with pre-registration
includes lunch and materials

(Pre-registration closes on 3/5)

To register, visit chcc.org/healthysingles

For questions, contact Ann at anerney@chcc.org, or call 303-887-8222.